



## *Curl Curl Lagoon Friends Inc.*

June 2021

### **National Tree Day - 1st August**



You're invited to take part in this year's National Tree Day activity in John Fisher Park. Make memories with the family and local friends by planting natives to enjoy for years to come.

**Location:** The clearing on the south bank of the lagoon where Travers Road meets John Fisher Park.

**Sunday 1st August, 10am - 2pm**

Come down during this time (even 15 mins is worth the effort) and help rehabilitate native habitat corridors along the banks of the lagoon.

Site organiser Michael Kneinn: 1300 434 434

# Floating Wetland Pilot Project



Curl Curl Lagoon Friends and Northern Beaches Council have collaborated on a water quality improvement pilot project. The grant period is now at a close and we're pleased with results so far.

The Carex species planted have grown strong roots and water samples sent off to the lab will tell us more about what effect their nutrient take-up has had on the water quality.

On Saturday 5th June, World Environment Day, the team hosted a demonstration of the pump that aerates the water and showed visitors how the system works in theory - and in practice!

Next we're going to look at whether the plants can grow in a mini-wetland located in the lagoon itself. Can the carex thrive in a less controlled environment? What habitat will it provide above and below the water line?

For more information visit [curlcurlagoonfriends.org](http://curlcurlagoonfriends.org)

*We're grateful to Member for Warringah, Zali Steggall, for supporting the grant application and proud to cooperate with Northern Beaches Council's Coasts & Catchments team on operations. The project received funding from a grant under the federal Dept of Industry, Innovation & Science's Community Environment Program.*

# World Environment Day

What an epic turnout for World Environment Day to rehabilitate vegetation on Curl Curl Beach dunes! Thank you to the many wonderful people who rolled down their sleeves (due to lantana), picked up their tools and got to work clearing, piling and planting.

It's worth a walk past the mid-beach dunes to appreciate the new native plants getting established and ready to provide the right food and habitat for wildlife.



*Thanks to Curl Curl Community, 66 Second Challenge, 1st / 2nd Harbord Joey Scouts, Curl Curl Lagoon Friends and Northern Beaches Council.*

## Regular Events in 2021

**Bird count survey:** Join the group at the Park St wooden bridge 7:30am on the last Friday of the month. BYO binoculars.

**Sunset sessions:** Weeding and planting at Ngara, Stirgess Reserve, 4pm on the last Friday of the month. BYO beverage.

**Bush care:** Alan Newton Reserve 1st & 3rd Saturday of each month, 9am - 11am. BYO hat.

## **Bike Jumps in John Fisher Park**

As a part of Northern Beaches Council draft Open Space and Recreation Strategy (Strategy), consideration will be given to bike riders to enjoy varied terrain and off-road options.

Curl Curl Lagoon Friends will continue to be consulted on a proposed area to be dedicated to a controlled bike play area in John Fisher Park. We believe the benefits of enjoyment of the natural environment with no hard surfaces to be introduced into the park offer young people a unique and healthy experience.

Design is yet to be finalised and community consultation will take place.

## **Shared Path Proposal: Abbott & Playfair**

One objective of the *Move – Northern Beaches Transport Strategy* adopted by NB Council in 2019 is to increase the use of active travel to help break the reliance on cars as the main mode of travel. Projects identified to help achieve this is to create a shared path connecting Griffin Road and Harbord Road along Abbott Road; and to widen the path on Playfair road beside the school.

Council seeks to provide a wider path, safer crossings and greater accessibility for our community. Curl Curl Lagoon Friends has provided input on safety, design and appropriateness of the networks in and around the park.

<https://yoursay.northernbeaches.nsw.gov.au/playfair-road-north-curl-curl>

## **Local Government Elections 2021**

A general election for the Northern Beaches Council will be held on Saturday 4 September 2021 between 8am - 6pm. Three councillors in the Curl Curl ward will be elected to Council. The Mayor is elected by the Council for a 2 year term.

Curl Curl North Public School will be open for voting, democracy sausages and a village fete.



*Curl Curl Lagoon Friends Inc.*

## **Why become a member?**

The value of our natural, open spaces has never been greater. John Fisher Park, Greendale Creek and Curl Curl Beach are beautiful places to be explored, enjoyed and protected.

We realise that spending time in natural green spaces contributes to better heart health, stress reduction, improved mood and recovery from illness<sup>1</sup>. We also know that children who develop a love of nature are likely to go on to value and protect it as adults<sup>2</sup>.

How precious to have this form of therapy on our doorstep!

We're grateful to the visionaries who began Curl Curl Lagoon Friends 40 years ago, determined to ensure the lagoon and its surrounds were defended and protected for generations to come.

By becoming a CCLF member, you're joining a strong community of friends and neighbours championing the natural environment. We welcome new executive committee members - people who value our local native environment and believe what they do matters.

Our strong local membership base strengthens CCLF's relationship with Northern Beaches Council, our state MP and federal MP, and ensures our voice is heard on issues that matter most to residents.

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1. Hansen MM, Jones R, Tocchini K. Shinrin-Yoku (Forest Bathing) and Nature Therapy: A State-of-the-Art Review. *Int J Environ Res Public Health*. 2017;14(8):851. Published 2017 Jul 28. doi:10.3390/ijerph14080851

2. Broom, C. (2017). Exploring the Relations Between Childhood Experiences in Nature and Young Adults' Environmental Attitudes and Behaviours. *Australian Journal of Environmental Education*, 33(1), 34-47. doi:10.1017/ae.2017.1

## Memberships this year have enabled CCLF to:

- Conduct the Floating Wetlands Pilot project that will test and identify suitable plants to improve water quality and habitat
- Create Ngara, a special native garden in which to listen, hear and think
- Run Clean Up Australia days, removing litter and dumped items from the waterway and parkland
- Continue the citizen science bird life survey documenting biodiversity in and around the lagoon
- Run community engagement and education sessions like Tan Talks, Year 2 excursions and World Environment Day
- Advocate for preservation and enhancement of the natural environment to local council, NSW Government and Federal Government.

There's important work still to be done.

We encourage anyone new to the area to join, rusted-on residents to renew and the enthusiastic to tell their neighbours.

## Renew or join now

Join or renew online at [curlcurlagoonfriends.org/join](http://curlcurlagoonfriends.org/join), scan the QR code or mail this form and \$10 (or \$5 concession) to:



Curl Curl Lagoon Friends Inc., PO Box 380,  
Freshwater NSW, 2096

**Name**.....

**Address**.....

**Phone**..... **Email**.....

No of Adults in home                      Membership \$.....

No of Children                              Donation     \$.....

**Total**                              \$.....